

THE 12 MAGICAL NIGHTS OF YULE

A JOURNEY INTO THE QUALITIES OF THE DIVINE
FEMININE ARCHETYPES



THE 12 MAGICAL NIGHTS OF YULE

WHAT ARE THE YULE NIGHTS?

There is an inherent magic and serene calmness to the time between Yule or Christmas all the way stretching into the new year.

Some of the many names are 12 Holy Nights, The 12 Nights of Christmas or The Yule Nights.

As it is exactly the difference of the solar vs lunar calendar year calculation (365 days vs. 354 days), these 12 Nights are considered to build a bridge, not just between the old and the new year, but also between the realms of spirit and earth.

This is your invitation to retrieve from the busy-ness of life, as the alleyways of your intuition unfold for the messages of your heart and soul to come through! The 12 Holy Nights are a time of significant spiritual expansion when you open yourself to receive their magic.

The 12 Yule Nights have always been an auspicious time and the countless traditions, stories and myths of this period of year just add to its significance and potency of a period of pure potentiality.

In the wheel of the year, it is the time just after Yule, the Winter Solstice which is considered the return of the light in nature and likewise within yourself.

Each day with its entire 24 hours of the Yule Nights represents one month of the coming year, its inherent qualities expressed through the corresponding zodiac signs and the archetypal aspect of the divine feminine within self.

With the increasing light, these archetypal energies are amplified, streaming onto Earth and into your field, opening a new portal every night, completing on the Day of Epiphany with the Divine Light Presence fully manifested in your being.

In ancient times, all work needed to rest in this period. So you are invited to use this pivotal time bridge to engage in deep exploration of your inner landscape.

Taking each day to reflect, journal, nourish yourself, practice self-care, make wishes, engage in divination and forecasting for each month of the new year.

The veils are very thin, perfect to co-create with spirit and your divine essence. Listen to the messages of your soul and heart as your higher self is being activated.

Pay close attention to any signs that you are given during the day, observe your dreams & your emotions. Anything during this time can be seen as spirit talking to you and giving you next clues!

PREPARATION

As during The 12 Nights of Yule you consciously engage with what you desire to draw into our life, you want to use the time before that to make space for these new activations that will ultimately up level your energy to attract the aligned things/ people/ situations into your life.

The more light you want to be able to hold in your being, the more you need to empty first.

Make space physically and energetically:

- Give back anything borrowed and ask back anything that is yours
- Any debt or open invoices should be paid before starting the 12 Yule Nights
- Declutter every room of the space that you live in and also cleanse energetically - this can be done with salt or smudging
- If possible, complete all tasks, to dos, household before embarking into the 12 Nights
- Clean and store all items you do not need for this winter season

The Days just before the 12 Nights of Yule are called The 12 Dark Nights- 08. December - 20. December.

Again each day with its 24 hours representing one month of the current year.

08 = January

09 = February....

20 = December

This is the time you are invited to consciously complete every month of the current year.

For example, you can sit with the following ritual:

- Reflecting on what happened during that month
- What are you grateful for
- What would you like to navigate better next time
- Maybe there is even something that you still need to let go or come to peace with. This is the time to do it.
- Draw oracle cards or engage in any ceremony that helps you to receive clear guidance

PREPARATION

Items to have at hand

- Note 13 dreams/ wishes on separate pieces of paper and fold them, so you cannot tell them apart (you may want to keep them in a pouch)
- A candle, fireproof cauldron or pot
- Journal
- Smudging bundles, incense for cleansing
- Visionboard or collage, material to get into your creativity
- Set up a sacred space or an altar with crystals, candles, oracle cards, flowers & anything else you feel called to

Every Night from 25 December to 06 January you are invited to:

- Burn one of your wishes (secretly, without checking it)
Tune into the transformative energy of the fire and feel your wish already manifest.
Connect with the sensation that comes up when the wish is fulfilled.
Trust that the universe has heard you and will answer if this is in your highest expression!
- At the end of the 12 Nights, one wish remains - this is YOUR responsibility for the coming year, for all others the universe is taking care of
- Pull oracle/ tarot cards, read runes to connect to your oracular vision for each coming month
- Sit in meditation about the messages and activations you receive
- Engage with one aspect of your divine feminine presence, finding your unique expression how this energy wants to be embodied by you. There is no right or wrong

You find some inspiration and insights for every of The 12 Nights of Yule on the coming pages.

I see the divine light in you!
With love,
Julia



THE WISE WOMAN



MONTH: JANUARY | ELEMENT: EARTH

GODDESSES: HEKATE, SOPHIA, THE CAILLEACH

QUALITIES: STILLNESS, REFLECTION,
WINTER, AWARENESS, UNIVERSAL WISDOM,
BEWUSSTSEIN, CRONE YEARS

25. / 26. DECEMBER

MONTH: FEBRUARY | ELEMENT: AIR

GODDESSES: BRIGID, MOTHER MARY, ISIS

QUALITIES: INTUITION, EMBODIMENT, HEALING, ALL
CONNECTEDNESS, CLEANSING, INTEGRATION,
UNDERSTANDING OF HIGHER LAWS, WHOLENES,
MIRACLES

26. / 27. DECEMBER



THE HEALER





THE MAIDEN



MONTH: MARCH | ELEMENT: WATER

GODDESSES: PERSEPHONE, CYBELE, INANNA

QUALITIES: CHILDLIKE WONDER
FIRST STEPS, BUDDING & BLOOMING, CURIOSITY,
TRYING OUT, JOY, AUTHENTICITY,
SPRING, INNOCENCE, NEW BEGINNINGS

27./ 28. DECEMBER

MONTH: APRIL | ELEMENT: FIRE

GODDESSES: LILITH, MARIA MAGDALENA, GAIA

QUALITIES: 'UNTAMED, WILD' & FREE, ALIVENESS,
INDEPENDENCE, SELF DETERMINATION, ANCHORED
& ROOTED, BASIC INSTINCTS, BASIC TRUST,
INTUITION, UNASHAMED

28./ 29. DECEMBER



THE WILD WOMAN





THE LOVER



MONTH: MAY | ELEMENT: EARTH

GODDESSES: APHRODITE, VENUS, MARY MAGDALENE

QUALITIES: (SELF) LOVE, SENSUALITY, PASSION,
DEVOTION, SEXUALITY, EROS, VULNERABILITY,
TENDERNESS, ROMANCE, ROMANTIC RELATIONSHIPS

29./ 30. DECEMBER

MONTH: JUNE | ELEMENT: AIR

GODDESSES: ISIS & NEPHTYS, INANNA & ISHTAR

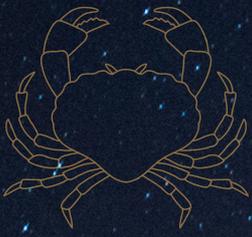
QUALITIES: RELATIONSHIPS, FRIENDSHIP, LOYALTY,
SISTERHOOD, COMPANIONSHIP, SUPPORT,
NETWORK OF TRUST

30./ 31. DECEMBER



THE SISTER





THE MOTHER



MONTH: JULY | ELEMENT: WATER

GODDESSES: BRIGID, HATHOR, HERA, MARY, DEMETER, EVE

QUALITIES: FERTILITY, BIRTH, PROTECTION, SAFETY, DEVOTION, NOURISHMENT, VIGILANCE, WARMTH, TRUST, UNCONDITIONAL LOVE, RECEIVING & CONCEIVING, SELFLESSNESS

31.12. / 01. JANUARY

MONTH: AUGUST | ELEMENT: FIRE

GODDESSES: KALI, SEKHMENT, DIANA, JOAN OF ARC

QUALITIES: REBELLION, HEALTHY BOUNDARIES, TAKING A STANCE, FREEDOM, (INNER) GUIDANCE, DISCERNMENT, PROTECTION, SELF DETERMINATION, COURAGE, FOCUS, PEACE, JUSTICE

01. / 02. JANUARY



THE WORRIARESS





THE PRIESTESS



MONTH: SEPTEMBER | ELEMENT: EARTH

GODDESSES: MARY MAGDALENE, QUAN YIN, ISIS

QUALITIES: DEVOTION, SERVING, UNIVERSAL WISDOM, BRIDGE BETWEEN HEAVEN AND EARTH, HEARTOPENING, WAYSHOWER, RITUAL & CEREMONY, INTENTION, SPIRIT CONNECTION

02. / 03. JANUARY

MONTH: OCTOBER | ELEMENT: AIR

GODDESSES: MUSES, SARASVATI, BENZAITEN

QUALITIES: CREATIVITY, LAWS OF CREATION, FLOWSTATE, FANTASY, DREAMS & IDEAS, EXPRESSION, INNERER FIRE, ALIVENESS, INDIVIDUALITY, SACRAL AUTHORITY

03. / 04. JANUARY



THE MUSE

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THE ENCHANTRESS



MONTH: NOVEMBER | ELEMENT: WATER

GODDESSES: HEKATE, MEDUSA, MORGANA, HOLY AMETHYST

QUALITIES: DEATH & REBIRTH, LETTING GO, TRANSFORMATION, TRANSITIONING, CHAOS, DEEP EMOTIONS, LIBERATION, ALCHEMY, TRUTH

04./ 05. JANUARY

MONTH: DECEMBER | ELEMENT: FIRE

GODDESSES: ISIS, ATHENA, LAKSHMI

QUALITIES: GENEROSITY, GRACE, BEAUTY, (SELF) RESPECT, (SELF) REALIZATION, RESPONSIBILITY, BENEVOLENCE, POWER WITH, EXPANSION, ABUNDANCE

05./ 06. JANUARY



THE QUEEN

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